

SOUNDS FOR LIFE

Prepare your puppy for the noisy world around it

Noise phobias in dogs are common. Exposing your puppy to an array of sounds can help it become more confident in noisy situations later in life. Building confidence in the puppy (through short, repetitive, positive and successful sessions of noises) and creating a supportive relationship between pup and parent is important for actively socialising your puppy.

Listen to the audio on the Sounds for Life website with your puppy on a regular basis, starting at a low level and gradually increasing the volume, until it is used to the noises. Repeat until your puppy no longer reacts to the sounds.



SOUNDS FOR LIFE RECORDING:

Visit www.puppyfirst.ca

or scan the QR code.

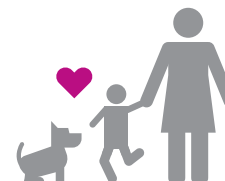


TALK TO YOUR VETERINARIAN ABOUT HOW TO START SOCIALISATION

Exposing your new arrival to an array of experiences ensures it can handle situations as an adult dog later in life. Timely vaccinations will help your puppy to socialise safely.

HEALTHY BODY AND MIND SUMMARY

- Stick to a schedule of appropriate vaccinations
- Understand options to protect against parasite risks
- Expose puppy to people and animals
- Provide various environments and situations
- Gradually introduce to a range of sounds



HELP YOUR PUPPY BECOME PART OF THE FAMILY

Give your puppy the tools it needs to develop into a well-adjusted adult dog



SOCIALISATION IS IMPORTANT FOR YOUR DOG'S FUTURE

Help your puppy become an overall happier and healthier adult dog

Getting your puppy used to humans and other animals, not only in its usual home environment but also in novel environments, is an important step in its development.

Successful socialisation can:

- Improve your puppy's behaviour and relationship with its owners
- Help build confidence to cope with stressful situations
- Support its development into a well-adjusted adult dog

The importance of vaccination

Vaccinations are recommended to keep your pup safe when it interacts with other dogs and its environment.

SHOW YOUR PUPPY NEW EXPERIENCES

Early healthy interactions are key

Gradually introduce your puppy to new people, animals and things that it might come across later in life. Early socialisation and training are important to prevent bad habits and behaviours from setting in and becoming more difficult to correct.

WEEKLY CHECKLIST

Track your puppy's progress toward healthy interactions. Tick each accomplishment:

| | WEEKS | | | | |
|----------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| Meeting a variety of people | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Encounters with various animals | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Exposure to various sounds | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Left alone for short periods | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Meeting children of various ages | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Gentle physical contact | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Exposure to various smells | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Playing with objects | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Objects to chew | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Experience with vet/groomer | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

